


















# OCTOBER 2018

## Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Spirituality w/Lurlene Cooking Club / Monday Moves "Gabby Loves Gordy" News &amp; Views / Quiet Time October in History <b>Music w/Bonnie &amp; Donna</b> </p> <p>Snack &amp; Day's End</p>	<p>2 Tai Chi w/Diane Bible Study or Gourd-eous Gourds News &amp; Views Quiet Time Prayer Group or Bingo Snack &amp; Day's End</p>	<p>3 Crafty Crew: Pumpkin Lanterns Wednesday Workout News &amp; Views / Quiet Time Library Senior Series <b>Steve Burkholder on Guitar</b> </p> <p>Snack &amp; Day's End</p>	<p>4 Cooking Club or Music 'n' Motion Professor Kabay Reads or Participant Choice Corn Hole / News &amp; Views Remembering the Pumpkin Patch / Snack &amp; Day's End</p>	<p>5 Friday Fitness "What Makes Me Smile?" <b>Sing-a-Long w/Christine</b> </p> <p>Slide Bingo Quiet Time / News &amp; Views <b>Peter Bresett Sings</b> Snack &amp; Day's End</p>
<p>8 Spirituality w/Lurlene Cooking Club / Monday Moves Complete 1492 Columbus Day Poem / Columbus Day Trivia Quiet Time / News &amp; Views <b>Tom &amp; Friends Ukulele Band</b> </p> <p>Columbus Crossword / Snack</p>	<p>9 Memories Through Music <b>BOWLING TRIP</b> Hot Potato Halloween-"Pass It On" Fitter Sitters  News &amp; Views Quiet Time Prayer Group or Bingo / Snack</p>	<p>10 Wednesday Work Out <b>Cooie DeFrancisco Sings</b> </p> <p>News &amp; Views Quiet Time Visit w/Miss VT: Julia Crane PI Poetry Slam &amp; Reading Snack &amp; Day's End</p>	<p>11 Cooking Club or Hangman Professor Kabay Reads or Spider Web Craft / Ghost Bowling Conversations w/Annie Video of Albuquerque Balloon Fest / Jack O'Lantern Balloon Toss / Snack &amp; Day's End</p>	<p>12 Friday Fitness News &amp; Views <b>Sing-a-Long w/Christine</b> </p> <p>Slide Bingo Quiet Reflections w/Shelly Dice Games Snack &amp; Day's End</p>
<p>15 Spirituality w/Lurlene Cooking Club / Monday Moves Armchair Travelogue: Haunted Houses / News &amp; Views Quiet Time </p> <p><b>Tom &amp; Friends Ukulele Band</b> "Name 10" w/Ball Toss / Snack</p>	<p>16 Tai Chi w/Diane Bible Study or Discovering Your Senses Game News &amp; Views Quiet Time Prayer Group or Bingo Snack &amp; Day's End</p>	<p>17 Wednesday Workout <b>SPAULDING HAIR</b> Slide Bingo / News &amp; Views Participant Birthday Party Quiet Time Halloween Pennant Banner or Table Games  Snack &amp; Day's End</p>	<p>18 Cooking Club or Haunted House Word Mining Professor Kabay Reads or Participant Choice Pumpkin Bocce Ball  Pasta Spelling Bee <b>Donna Moran Sings</b> / Snack</p>	<p>19 Friday Fitness "Haunt" Basketball <b>Sing-a-Long w/Christine</b> </p> <p>Slide Bingo Quiet Time E-Z Trivia <b>Paula Gills Sings</b> / Snack</p>
<p>22 Spirituality w/Lurlene Cooking Club / Monday Moves "22 Questions" on 22 News &amp; Views / Quiet Time <b>Tom &amp; Friends Ukulele Band</b> Squishy Baseball Hand Exercises Snack &amp; Day's End</p>	<p>23 Bingo <b>FOOT CLINIC</b> Yoga w/Ragan News &amp; Views Quiet Time w/Soft Music <b>Love Songs w/Allan Mackey</b>  Snack &amp; Day's End</p>	<p>24 Participant Council Wednesday Workout Full Moon Myths News &amp; Views / Quiet Time Humor C.O.V.E. Presentation: Medicare Summary Notices / Snack</p>	<p>25 Cooking Club or  Watercolor Painting <b>DINING-OUT</b> Professor Kabay Reads or Participant Choice Music 'n' Motion  Fun w/You Tube <b>Pat Mayhew on Piano</b> / Snack</p>	<p>26 Friday Fitness Halloween Hunt <b>Sing-a-Long w/Christine</b> </p> <p>Quiet Time Beggars Night Photo Hunt <b>Rich Atkinson Sings</b> Snack &amp; Day's End</p>
<p>29 Spirituality w/Lurlene Cooking Club Monday Moves Reading Circle </p> <p>News &amp; Views Quiet Time <b>Tom &amp; Friends Ukulele Band</b> Halloween Mad Lib / Snack</p>	<p>30 Jeopardy Warming Up w/The Monster Mash Build a Scarecrow Dice Game News &amp; Views Quiet Time Prayer Group or Bingo Snack &amp; Day's End</p>	<p>31 Ghost Bop PI Drama Club-"The Headless Horseman" Team Halloween Quiz Show Costume Contest News &amp; Views / Quiet Time Making Yarn Leaves or Yahtzee Halloween Treat &amp; Day's End</p>	 <p>Calendar is subject to change. Please refer to the daily Activity Board for the most up to date schedule.</p>	