

OCTOBER 2018

Lunch Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
1 Egg Salad on WG Roll Oven Fries Pickled Beets Mango	2 Mexican Baked Potato Bar w/Mexican Beef, Salsa, Cheese Sauce, Broccoli & Sour Cream WG Dinner Roll Garden Salad Blueberries & Cream	3 Chicken & Stuffing Casserole Carrots Roasted Squash Peaches	4 Pork Chop w/Stuffing Peas Cranberry Sauce Applesauce	5 <u>APPLE BETTY DAY</u> Chili Con Carne Cornbread Roasted Cauliflower Apple Brown Betty
8 <u>NATIONAL PEIROGI DAY</u> Turkey Italian Sausage Periogi Mixed Vegetables Fruit & Yogurt Parfait	9 <u>GRINDER DAY</u> Ham & Cheese Grinder on WG Hoagie Roll w/Lettuce & Tomato Broccoli Salad Watermelon	10 Shepherd's Pie WG Dinner Roll Mashed Potato Cream Style Corn Carrots Mandarin Oranges	11 <u>NATIONAL SAUSAGE PIZZA DAY</u> Sausage Pizza on WG Crust Caesar Salad Cottage Cheese Pears	12 Tuna Noodle Casserole WG Egg Noodles Corn Carrots Brownies
15 <u>NATIONAL CHICKEN CACCIATORE DAY</u> Chicken Cacciatore WG Egg Noodles Garden Salad/Green Beans Peaches	16 Meatloaf w/Gravy WG Bread w/Butter Mashed Potatoes Peas & Carrots Applesauce	17 <u>BRUNCH FOR LUNCH</u> Tortellini w/Spinach, Scrambled Eggs, Cheese & Turkey Sausage Roasted Potatoes / Grapes Birthday Cake	18 <u>NAT'L CHOCOLATE CUPCAKE DAY</u> Turkey Pot Pie w/WG Crust Mixed Vegetables Garden Salad Chocolate Cupcake	19 Tuna Melt w/Cheese & Tomato on WG Homemade English Muffin Cucumber Salad Cottage Cheese Raspberry Parfait
22 Grilled Cheese w/Pickles & Bacon on WG Bread Tomato Soup Marinated Vegetable Salad Pineapple	23 Quiche Lorraine w/WG Crust Garden Salad Peas Vanilla Pudding w/Bananas	24 Pot Roast w/Gravy WG Bread w/Butter Potato Carrots & Celery Mixed Fruit	25 Macaroni & Cheese WG Elbow Noodles Broccoli Cottage Cheese Fruited Jello	26 Baked Fish Rice Pilaf Brussel Sprouts Carrots Carrot Cake
29 Chicken & Cheese Quesadilla Mexican Rice Corn Blueberry Frozen Yogurt	30 Salisbury Steak WG Bread w/Butter Mashed Potatoes Glazed Carrots Chocolate Chip Cookie	31 Braised Pork & Lentil Stew WG Biscuits Tomato Salad Mandarin Oranges	<u>1% MILK SERVED</u>	
				Menu is subject to change. Please refer to the Daily Menu Board for the most up to date menu. If the meal is not to your liking, please let staff know in advance or feel free to bring a lunch of your choice.