

January 2019

Activity Calendar

Monday	Tuesday	Wednesday	Thursday	Friday
	1. Closed	2 Yoga w/ Ragan Walking Club Dress the New Year's Baby News & Views Quiet Time Passport Travels, Drumming Exercises, Zilch Snack & Day's End	Caregiver Support Group 3 Cooking Club / XMAS Clean Up Professor Kabay / "Cheers" Puzzle Pack Music 'n' Motion News & Views Quiet Time Post Holiday Detective Sing-a-Long DVD #2 Snack & Day's End	4 Friday Fitness News & Views Sing-a-Long w/ Christine Litchfield Slide Bingo/ Ruby the Dog Visits Quite Time Spaghetti Day Puzzle Steve Burkholder on Guitar National Trivia Day / Snack & Day's End
7 Cooking Club or Spirituality Monday Moves Group Taboo News & Views Quiet Time / 7th Annual Poetry at Work Day Bonnie & Donna Snack & Day's End	8 Memories through Music Show & Tell News & Views Quiet Time Bingo / Prayer Group Walking Club Snack & Day's End	9 Peanut Butter Pine Cones Craft / CVCC Walking Club Word Mining - peanut butter News & Views Quiet Time Wednesday Workout Write a Letter of Thanks - group activity Snack & Day's End	10 Cooking Club or participant's choice Professor Kabay Reads Fitter Sitters News & Views Quiet Time Movie & Popcorn Snack & Day's End	11 Friday Fitness News & Views Sing-a-Long w/ Christine Litchfield Slide Bingo Quiet Time Walking Club The Price is Right Snack & Day's End
14 Cooking Club or Spirituality Monday Moves Creative Musings News & Views Quiet Time Tom and friends Ukulele Group "Eat, Wear or Drive?" Game Snack & Day's End	15 Tai Chi w/ Diane Bible Study Music & Motion News & Views Quiet Time Bingo and Prayer Group Walking Club Snack & Day's End	Foot Clinic 16 Coloring or Card Game Walking Club Humor & Who Made Us Laugh? News & Views Quiet Time Wednesday Work Out Parlor Games Snack & Day's End	17 Cooking Club or Participant's Choice Professor Kabay Reads Ladder Toss News & Views Quiet Time Popeye's Birthday Donna Moran Sings Snack & Day's End	18 Friday Fitness News & Views Sing-a-Long w/ Christine Litchfield Slide Bingo Quiet Reflections w/ Shelly Paula Gills on Guitar Snack & Day's End
21 Cooking Club or Spirituality Monday Moves Family Feud News & Views Quiet Time Tom and friends Ukulele Group I Have a Dream Snack & Day's End	22 Tai Chi w/ Diane Participant Council Leg Exercises Quiet Time Prayer Group / Bingo Walking Club Snack & Day's End	23 CVCC Dave Keller Walking Club News & Views Quiet Time Wednesday Workout Pipe Cleaners Game Snack & Day's End	24 Cooking Club or Participant's Choice Professor Kabay Reads Bocce Ball National Compliment Day News & Views Quiet Time Hangman Game/ Pat Mayhew on Piano Snack & Day's End	25 Friday Fitness News & Views Sing-a-Long w/ Christine Litchfield Slide Bingo Quiet Time Walking Club Rich Atkinson Sings Snack & Day's End
28 Cooking Club or Spirituality Monday Moves January Word Pictures News & Views Quiet Time Tom and friends Ukulele Group Participant's Choice Snack & Day's End	29 National Puzzle Day Party Nancy Smith on Guitar News & Views Quiet Time Prayer Group Bingo Walking Club Snack & Day's End	30 Yoga with Ragan Walking Club You be the Judge News & Views Quiet Time Charades Sing-a-Long CD Snack & Day's End	31 Cooking Club or Participant's Choice Professor Kabay Reads Bowling Fun News & Views Quiet Time Coloring, Crafts & Card Games Snack & Day's End	