



July 2019



Activities

Monday	Tuesday	Wednesday	Thursday	Friday
1 Cooking Club / Spirituality with Lurlene Monday Moves Community Card Shower News & Views  Quiet Time Secret Quote Puzzle Music w/ Bonnie & Donna Snack / Day's End	2 <u>Foot Clinic</u> Crafty Crew Red Sox Jenga Corn Hole Toss News & Views Quiet Time Indoor Walking Club Bingo / Prayer Group Snack / Day's End	3 Wednesday Workout Lawrence Welk: To America with Love News & Views Quiet Time Music w/ Steve & Ray  Snack / Day's End <u>Caregiver Support Group</u>	4 CLOSED 	5 CLOSED
8 Cooking Club / Spirituality with Lurlene Monday Moves PI Poetry Slam  News & Views Quiet Time Tom & friends Ukulele Group Drumming Fun	9 Creative Coloring / Card Games Tell Me Something Good Fitter Sitters Taboo / News & Views Quiet Time Indoor Walking Club BINGO or Prayer Group Snack / Day's End	10 Wednesday Work Out Sing-a-Long DVD News & Views Quiet Time Jeopardy Snack / Day's End	11 Yoga w/ Joanie BINGO / Professor Kabay Reads Participant Choice Exercise News & Views  Quiet Time Name 10 Ball Bob Brookens on Guitar Snack Day's End	12 Cooking Club / Participant Choice Sing-a-Long w/ Christine Litchfield Friday Fitness  News & Views Quiet Time Quiet Reflections w/ Shelly Nancy Smith Entertains Snack Day's End
15 Cooking Club / Spirituality with Lurlene Monday Moves Community Card Shower News & Views Quiet Time Tom & friends Ukulele Group  Participant Choice Snack & Day's End	16 Full Moon Coloring / Card Games Tell Me Something Good Sittercise Keep 'em Laughing News & Views Quiet Time Indoor Walking Club BINGO / Prayer Group Snack & Day's End	17 Wednesday Workout National Anthem Word Mining Discover Your Senses News & Views Quiet Time Participant Council July Word Pictures Snack & Day's End	18 Good Morning Group! BINGO / Professor Kabay Reads Participant Choice Exercise News & Views  Quiet Time Simple Seafood Donna Moran Snack & Day's End	19 Cooking Club / Participant Choice Sing-a-Long w/ Christine Litchfield Friday Fitness  News & Views Quiet Time Words to the Wise Paul Gills on Guitar Snack & Day's End
22 Cooking Club / Spirituality with Lurlene Monday Moves Celebrating moon landing News & Views Quiet Time Tom & friends Ukulele Group  Drumming Fun Snack & Day's End	23 Coloring / Card Games Tell Me Something Good Music 'N' Motion News & Views Quiet Time Indoor Walking Club BINGO or Prayer Group Snack / Day's End	24 <u>DINING IN</u> Wednesday Workout This Was 1945 Show & Tell  News & Views Quiet Time Word Mining - Sandwich Jim Thompson on Keyboard Snack & Day's End	25 Good Morning Group! BINGO / Professor Kabay Reads Participant Choice Exercise News & Views  Quiet Time Passport Travels Pat Mayhew Snack & Day's End	26 Cooking Club / Participant Choice Sing-a-Long w/ Christine Litchfield Friday Fitness  News & Views Quiet Time On the Road Music w/ Rich Atkinson Snack & Day's End
29 Cooking Club / Spirituality with Lurlene Monday Moves Humor News & Views  Quiet Time Tom & friends Ukulele Group Banana Split Word Search Snack & Day's End	30 Coloring / Card Games Tell Me Something Good Participant Choice Exercises We Survived & Thrived Day News & Views Quiet Time Indoor Walking Club BINGO or Prayer Group Snack / Day's End	31 Tell Me Something Good Wednesday Workout Family Feud News & Views Quiet Time  Henry Ford Quote Debbie Yacovone Sings Snack & Day's End	July Birthstones: Ruby (Contentment) Flowers: Larkspur or Water Lily Colors: Green & Russet	Calendar is subject to change. Please refer to the daily Activity Board for the most up to date schedule.